



Corrida e Caminhada GAM Fênix | 4ª edição
23/03/2025 | Niterói - RJ
4K Feminino Categorias



JUNIOR [15-19 anos]

Coloc. Categ.	PMERJ	Núm.	Atleta	Nasc.	Equipe	Tempo Líquido	Tempo Bruto
1		4412	SAMARA COSTA MENDES	2007	TROPA DA ORLA	27:34.08	0:27:45.24
2		4138	KAMILLY DE CARVALHO CORREIA	2007	ASSIST	36:42.69	0:37:51.05
3		4021	AMANDA LEITE MEIRELES DA SILVA	2006	ASSIST	38:15.73	0:39:50.66
4		4449	ASSUCENA ALVES MARCAL	2010		41:21.50	0:41:21.50
5		4111	IAN COSTA DE OLIVEIRA	2008	ASSIST	1:05:58.56	1:05:58.56

OPEN [20-29 anos]

Coloc. Categ.	PMERJ	Núm.	Atleta	Nasc.	Equipe	Tempo Líquido	Tempo Bruto
1		4373	MARIA JULIA FERNANDES ALVES DA SILVA	2005	MARCOS QUINTANILHA	18:26.12	0:18:33.32
2		4126	JOSELENE PEREIRA DA SILVA	1996	ASSIST	19:48.00	0:19:48.65
3		4490	CLARA NENEU DA SILVA	2004		20:06.35	0:20:06.35
4		4492	ERICKA NENEU DA SILVA	2002	INSTITUTO FERNANDA KELLER	20:44.91	0:20:44.91
5		4283	BEATRIZ COSTA CARVALHO	1999	ATIVIDADE FISICA E TUDO	20:52.02	0:20:53.03
6		4381	MILENA DE OLIVEIRA SILVA	1996		22:13.12	0:23:38.49
7		4276	ANA PAULA DE SOUZA VILLELA DA COSTA	2000	LILIA GODOI ASSESSORIA ESPORTIVA	24:52.90	0:25:02.21
8		4227	SABRINA SOBRINHO SOARES	2000	ASSIST	25:53.75	0:27:36.10
9		4020	AMANDA BAPTISTA DOS SANTOS CAMPOS	2001	ASSIST	27:03.47	0:27:49.17
10		4420	THAIS CARDOSO RAFAEL DE OLIVEIRA	1999	BRENO DA SILVA FELIZARDO	27:28.76	0:30:53.18
11		4316	GABRIELLA STEFANI PEREIRA PATRICIO	1996	SANCHES RUNNING	27:50.63	0:27:50.63
12		4132	JULIA JACOVAZZO BARBOSA	2002	ASSIST	28:22.30	0:29:14.19
13		4422	THAYZA DOS REIS COSTA	1996	LILIA GODOI ASSESSORIA ESPORTIVA	28:39.04	0:29:00.32
14		4502	THAMIRES REIS	1998		29:54.77	0:29:54.77
15		4331	IZABELLA NUNES DE ARAUJO	1998		31:21.84	0:32:53.90
16		4139	KAREN KRISTINY GUEDES LIMA	2000	ASSIST	31:44.44	0:33:09.00
17		4212	RENATA DA SILVA SARDINHA	1996	ASSIST	33:11.29	0:33:37.99
18		4178	MARIANA RIBEIRO DE SOUSA	1997	ASSIST	34:19.88	0:35:52.65
19		4469	LETICIA MARIA SOUSA AMORIM	2003	TROVAO AZUL	36:15.03	0:36:15.03
20		4042	BEATRIZ ARAUJO DA SILVA	1997	ASSIST	42:21.50	0:43:11.59
21		4284	BRUNA NASCIMENTO SILVA	1997		45:10.81	0:46:28.39
22		4137	JULLIANA BOSSAN MARQUES	1998	ASSIST	53:21.85	0:53:21.85
23		4181	MARYANA BOSSAN MARQUES	2004	ASSIST	53:22.27	0:53:22.27
24		4254	VITORIA SAADI DE ANDRADE	1996	ASSIST	53:35.99	0:54:15.50
25		4348	LAIS MENDES DE SOUZA	1997	LILIA GODOI ASSESSORIA ESPORTIVA	54:45.13	0:54:45.13

ADULTO [30-39 anos]

Coloc. Categ.	PMERJ	Núm.	Atleta	Nasc.	Equipe	Tempo Líquido	Tempo Bruto
1		4425	VANESSA ANNUCARO E SOUZA GOMES	1991	ROS	17:52.12	0:17:53.28
2		4304	EVELYN TAMIRYS GOMES	1988		19:29.79	0:19:29.79
3		4462	JANAINA NUNES FIGUEIREDO	1988	MQ ASSESSORIA ESPORTIVA	19:31.18	0:19:31.18
4		4311	FRANCIELLY DA SILVA RANGEL	1995	EZK TEAM	20:32.29	0:20:39.57
5		4241	STEPHANY LUANA FERREIRA MELO	1990	ASSIST	20:41.83	0:20:41.83
6		4356	LIELEN VARGAS PEREIRA	1992		23:10.06	0:23:19.81
7		4017	ALINE AZEVEDO DE VASCONCELOS	1990	ASSIST	23:30.08	0:25:28.50
8		4410	SABRINA DA SILVA DOS REIS	1993		24:07.00	0:24:55.33
9		4459	INELBA SONELI RIBEIRO DA SILVA FARIA	1991	TROVAO AZUL	24:20.32	0:24:20.32
10		4083	ELIANE PEREIRA CIPOLATTI	1987	ASSIST	24:25.37	0:24:35.02
11		4349	LARISSA DOS SANTOS FRAGOZO	1995		24:51.37	0:26:00.36
12		4244	TALITA MOREIRA DE SOUZA	1989	ASSIST	25:16.86	0:25:47.08
13		4484	THAINARA SANTA BRIGIDA DE SOUZA LOPES	1995		25:32.70	0:25:32.70
14		4007	ADRIANA BARBOSA MACHADO	1992	ASSIST	25:37.17	0:27:41.10
15		4045	BRUNA DA CONCEICAO AZEVEDO MELO	1987	ASSIST	26:22.84	0:28:08.28
16		4421	THAYSSA ARAUJO COCARO MONTEIRO	1989	LILIA GODOI ASSESSORIA ESPORTIVA	26:44.76	0:27:28.14
17		4274	AMANDA LAHIS DE BARCELLOS WINTER	1993		27:00.63	0:28:38.63
18		4051	CAROLINE DE CAMPOS LIMA CHIDIDI	1991	ASSIST	27:07.74	0:28:31.53
19		4242	SUELEN MENDES DE PAULA	1987	ASSIST	28:02.72	0:28:54.58
20		4078	DUALA PESSOA DO ROSARIO	1988	ASSIST	29:01.59	0:29:01.59
21		4167	MARCELLY REIS CARVALHO	1988	ASSIST	29:07.52	0:29:16.43
22	PMERJ	2025	SIMONE PONCIO CAMPOS	1987	ASSIST	29:23.71	0:29:59.58
23		4104	GISELE DE MELO PESSOA	1986	ASSIST	29:38.18	0:29:50.13
24		4269	ALEXSANDRA MARIA COSTA DOS ANJOS	1990	CAVEIRAS RUNNING	29:38.85	0:29:38.85
25		4133	JULIANA ALVES DE LIMA QUARESMA	1988	ASSIST	29:42.59	0:30:26.28
26		4466	JULIANY SINQUINI DE ASSIS	1988	GAM FENIX	30:02.11	0:30:02.11
27		4491	CLEIA MARIANA DE ALMEIDA ESPINOLA	1987	ESPINOLA	30:31.66	0:30:31.66
28	PMERJ	2097	PRICILIA SOUSA RODRIGUES PINA	1987		30:35.98	0:30:35.98
29		4194	OZANA PRUDENCIO DO COUTO	1992	ASSIST	30:38.50	0:31:07.17
30		4279	ANGELICA ROCHA MACEDO	1994		30:59.40	0:31:36.13
31		4243	SUZANNY BORGES COUTINHO	1989	ASSIST	31:18.82	0:32:48.06
32		4360	LUANA PEREIRA MARQUES PINTO	1988	EDUARDO DOS SANTOS SINDER	33:19.91	0:34:12.55
33		4296	DEBORA COSTA	1991		33:31.30	0:33:52.81
34		4074	DIANA FERREIRA DE CASTRO	1989	ASSIST	34:08.57	0:34:20.04
35		4315	GABRIELLA DE OLIVEIRA DUARTE	1994		34:53.71	0:35:06.72
36		4471	MARIA CLARA NEVES DE MELLO CARVALHO	1990	CHARLIE	36:10.85	0:36:10.85
37		4473	PALLOMA MARIA MARRA	1986	LILIA GODOI ASSESSORIA ESPORTIVA	37:24.31	0:37:24.31

38		4068	DANIELLE DA SILVA ALMEIDA	1989	ASSIST	37:46.61	0:39:10.24
39		4289	CRISTIANE ROSA CORTAT DA CONCEICAO	1989	LILIA GODOI ASSESSORIA ESPORTIVA	38:05.03	0:38:26.33
40		4347	JULIANA CARDOZO SOLANO	1986		38:48.55	0:38:48.55
41		4375	MARILIA FALCO CORREA BARRETO	1993		39:40.12	0:40:13.88
42		4177	MARIANA PERFEITO CARNEIRO	1987	ASSIST	40:01.50	0:40:01.50
43	PMERJ	2132	MARIANA MARTINS DE ALMEIDA LIMA	1991		40:22.69	0:40:22.69
44		4057	CLARISSA CALEIA DE SOUZA DE PAULA	1993	ASSIST	40:41.17	0:41:22.47
45	PMERJ	2014	LARISSA RIBEIRO DE PAULO ALFRADIQUE	1987	ASSIST	40:54.36	0:42:03.42
46		4166	MAIARA SOARES DA SILVEIRA LAXE	1990	ASSIST	41:13.56	0:42:56.00
47		4026	ANA PAULA CAVALCANTE DE LIMA SIMEAO	1994	ASSIST	41:35.55	0:41:35.55
48		4130	JOYCE MOREIRA GOMES DA SILVA	1994	ASSIST	42:21.32	0:46:44.99
49		4208	RAQUEL OLIVEIRA SILVA CUNHA	1992	ASSIST	43:38.47	0:44:51.38
50		4106	GISLAINE MENDES LIRA	1992	ASSIST	45:50.28	0:45:50.28
51		4485	VIRGINIA ALVES DA SILVA	1995		45:55.80	0:45:55.80
52		4247	THAMARA BASTOS DE CASTRO	1991	ASSIST	46:17.12	0:47:23.79
53		4033	ANDRESSA ANTUNES PORTO COUTINHO	1986	ASSIST	46:24.74	0:46:24.74
54		4191	NATHALIA CRISTINA DE SOUZA QUINTANILHA OLIVEIRA	1991	ASSIST	48:10.26	0:48:10.26
55		4233	SHYRLLENNE FLORENCE NIGHTINGALE CORREIA DA SILVA	1993	ASSIST	51:36.46	0:51:36.46
56		4263	AGATA DUARTE SANTANA FRANCA	1987		54:56.76	0:56:03.46
57		4047	CAMILA CRISTINA DE SANTA MARIA	1993	ASSIST	58:03.95	0:58:03.95
58		4314	GABRIELA VASCONCELOS DUTRA	1993		58:28.67	0:58:28.67
59		4246	THAIS DUARTE RIBEIRO	1992	ASSIST	1:11:45.99	1:11:45.99

MASTER [40-49 anos]

Coloc. Categ.	PMERJ	Núm.	Atleta	Nasc.	Equipe	Tempo Líquido	Tempo Bruto
1		4330	ISABELE CARNEIRO	1976	EZK TEAM	17:48.39	0:17:54.74
2		4391	PATRICIA DA CONCEICAO TOSTA PEREIRA	1979	SANCHES RUNNING	18:50.37	0:18:52.36
3		4504	JULIANA MARINS DE FREITAS VICENTE	1977		19:11.32	0:19:11.32
4		4317	GISELI BORGES VENEZA	1981	ALAN JUNIOR	20:36.15	0:20:37.06
5		4325	HILLIA MACHADO	1979	MARCOS QUINTANILHA	21:41.88	0:21:48.12
6		4433	VIVIANE MELLO PIMENTEL	1979		22:00.10	0:22:00.93
7		4333	JANE DA SILVA ALVES	1977	GUERREIRAS DO ASFALTO	22:07.17	0:22:10.27
8		4096	FERNANDA GOMES DE OLIVEIRA DA SILVA	1985	ASSIST	22:10.63	0:22:13.73
9		4411	SABRINNA ROBERT DOS SANTOS ALVARENGA	1983		22:28.28	0:22:57.66
10		4354	LIANA DOS SANTOS GONCALVES DA SILVA	1979		22:32.08	0:24:09.76
11		4460	DENISE MAGALHAES	1979	REGYS LOUSADA HEALTH RUNNING	22:49.70	0:22:49.70
12		4386	MONIQUE DE OLIVEIRA SILVA FREITAS	1983		23:29.20	0:24:56.99
13		4450	CLAUDETE DA COSTA PESSOA	1979	GAM FENIX	23:42.32	0:23:42.32
14		4497	REGINA ELIZABETH SALZMANN	1979	EU E ELA	23:43.18	0:23:43.18
15		4376	MARY ANE CARNEIRO DA CUNHA	1979		24:21.44	0:25:09.46

16		4189	MONIQUE SANTOS DE ALMEIDA	1985	ASSIST	24:28.85	0:24:28.85
17		4364	MARCELE TAMANDARE DE LIMA SA	1981		24:34.15	0:25:13.35
18		4346	JOYCE LEARDINI XIMENES	1983		24:54.96	0:26:07.70
19		4270	ALINE DE NAZARE PEREIRA	1984	GAM	24:59.44	0:26:26.73
20		4202	QUESIA RODRIGUES PEREIRA	1984	ASSIST	25:00.77	0:26:03.33
21		4361	LUCIANA DA CUNHA RABELLO	1976	EAGLES	25:10.71	0:26:30.82
22		4310	FERNANDA RISI	1977		25:30.35	0:25:30.35
23		4187	MIRIANE DO NASCIMENTO MARTINS PEREIRA	1985	ASSIST	26:19.23	0:28:11.68
24		4480	ROSA HAJE DETTMAR	1982	ROSA HAJE	26:24.53	0:26:24.53
25		4434	VIVIANE TORRES VIEIRA	1977		26:59.94	0:28:17.36
26		4362	LUDMILA MAGALHAES	1979	LILIA GODOI ASSESSORIA ESPORTIVA	27:32.32	0:28:24.54
27		6077	MARIA IZABEL ALVES DE SOUZA	1982		27:42.97	0:27:42.97
28		4452	DANIELLY SANTOS OLIVEIRA	1976	JOVANE RUNNING	27:47.12	0:27:47.12
29		4290	CRISTIANE SIMOES RIBEIRO SANTOS	1979	GUERREIRAS DO ASFALTO	28:06.40	0:29:36.88
30	PMERJ	2022	SABRINA DE PAULA VASCONCELOS	1983	ASSIST	28:40.97	0:29:38.13
31	PMERJ	2007	DIANA SILVA DOS SANTOS	1985	ASSIST	28:50.68	0:30:21.75
32		4278	ANDREIA DA SILVA FONSECA BASTOS	1978	PCERJ RUNNERS	28:53.92	0:29:05.44
33		4505	CARLA GARBELOTTO FREITAS	1982		29:01.98	0:29:01.98
34	PMERJ	2024	SIMONE DA SILVA GUSMAO	1982	ASSIST	29:39.78	0:29:51.12
35		4023	ANA CARINA DE MOURA PALHA MONDEGO	1980	ASSIST	29:49.21	0:29:49.21
36		4025	ANA PAULA ANTUNES ABREU DOS SANTOS	1982	ASSIST	29:50.78	0:33:34.94
37		4260	ADAIANA MARTINS	1982	GEOBRUGG	30:11.25	0:32:01.44
38		4037	ARINA TAVARES NEPOMUCENO DOS SANTOS	1977	ASSIST	30:12.03	0:31:40.49
39		4085	ELISANGELA SANTOS DA ROCHA	1982	ASSIST	30:13.70	0:31:30.42
40		4081	EDLANE DE OLIVEIRA MACHADO	1977	ASSIST	30:20.50	0:33:01.28
41		4060	CRISTIANE PADILHA DA SILVA	1982	ASSIST	30:23.32	0:31:44.10
42		4090	FABIANE DA SILVA RIBEIRO ROCHA	1978	ASSIST	30:55.05	0:31:22.47
43		4318	GISELLE BARRETO	1981	ROTA MISSIONARIA	30:58.48	0:32:43.52
44		4155	LUANE LAGE GARCIA GABRIEL DE ARAUJO	1983	ASSIST	31:08.84	0:31:08.84
45		4131	JOZIANE MESSIAS DA SILVA	1978	ASSIST	31:22.99	0:33:09.64
46		4403	RENATA MERATH GONZAGA	1977		31:32.49	0:32:56.28
47		4415	SIMONE MARQUES DO COUTO	1976	GUERREIRAS DO ASFALTO	31:41.64	0:31:55.96
48		4327	INGRID TEIXEIRA DA COSTA	1979		31:42.28	0:31:57.85
49		4309	FERNANDA GONZALEZ PEDRO	1981	FERNANDA GONZALEZ PEDRO	31:46.61	0:31:46.61
50		4184	MICHELE DOS SANTOS ROCHA	1982	ASSIST	31:51.42	0:33:15.74
51		4251	VANESSA REGINA DOS SANTOS REIS	1979	ASSIST	32:17.57	0:33:54.46
52		4416	SINTIA CARDOSO DOS SANTOS	1977		32:18.76	0:34:02.48
53		4250	VANESSA GEORG DA SILVA PIMENTEL DE SOUZA	1981	ASSIST	32:25.98	0:32:32.91
54		4198	PATRICIA RODRIGUES DO NASCIMENTO	1977	ASSIST	32:50.69	0:33:31.83
55		4385	MONIKY NOGUEIRA DE SOUZA	1984		32:51.33	0:33:59.58

56		4358	LILIANE DE OLIVEIRA FREITAS	1981	LILIANE DE OLIVEIRA FREITAS	33:02.75	0:34:23.76
57		4080	EDILAINÉ BATISTA MACHADO	1983	ASSIST	33:05.92	0:34:08.13
58	PMERJ	2091	PATRICIA TEIXEIRA DA SILVA FRAGA	1977	GAM	33:17.31	0:34:12.59
59		4262	ADRIANA FERNANDES PINTO	1981		33:19.32	0:34:12.93
60	PMERJ	2111	SILVANA CARDOSO DOS SANTOS CARVALHO	1976	ALPHA	33:30.70	0:33:30.70
61		4071	DEBORA AGUIAR SOBRINHO	1981	ASSIST	34:10.70	0:35:51.32
62		4195	PATRICIA ANCHIETA DA SILVA	1985	ASSIST	34:11.63	0:35:42.32
63		4295	DANIELE LIMA ROCKMEBACH	1977		34:31.88	0:35:56.38
64		4095	FERNANDA AVELLAR CERQUEIRA	1981	ASSIST	34:42.06	0:34:42.06
65		4099	FRANCIANE MONTEIRO CARVALHO ADMIRAL	1983	ASSIST	34:46.19	0:35:48.29
66		4032	ANDREA DE CASTRO BARBOSA	1978	ASSIST	34:58.76	0:35:07.65
67		4053	CECILIA DA SILVA SAMPAIO	1978	ASSIST	35:29.73	0:35:55.20
68		4046	BRUNA VALERIA CALDAS SILVA	1984	ASSIST	35:43.91	0:35:55.91
69		4455	ESMERALDA GRACA DE MACEDO GOMES	1976	TROVAO AZUL	36:13.84	0:36:13.84
70		4154	LUANA OLIVEIRA DOS SANTOS	1984	ASSIST	37:08.33	0:37:52.68
71		4249	THUANE CONCEICAO DOS SANTOS	1983	ASSIST	39:09.62	0:39:09.62
72		4001	ALESSANDRA DE FREITAS PEREIRA	1981	ASSIST	39:50.14	0:39:57.00
73		4089	FABIANA LUCIA FERREIRA DE OLIVEIRA	1978	ASSIST	40:28.89	0:42:38.54
74	PMERJ	2062	GABRIELA PAULO DOS SANTOS	1978	ALPHA	40:55.24	0:43:01.80
75		4041	BARBARA TEIXEIRA DE AGUIAR	1982	ASSIST	42:45.64	0:44:33.52
76		4223	ROSANGELA CRUZ DA COSTA	1979	ASSIST	42:58.62	0:43:15.22
77		4252	VERONICA DE SOUZA GOMES	1982	ASSIST	43:08.24	0:43:51.76
78		4105	GISELLE PINTO DA SILVA	1983	ASSIST	43:10.99	0:43:52.52
79		4275	ANA PAULA DE MORAES SILVA	1981		43:16.90	0:43:16.90
80		4494	LAIZA CHRISTIANE	1980	GAM	43:31.18	0:43:31.18
81		4203	RACHEL DA SILVA FIGUEIREDO BARBOSA	1982	ASSIST	43:47.19	0:45:03.64
82		4135	JULIANA SOARES MENDES LUCAS TORRES	1981	ASSIST	44:31.12	0:45:35.46
83		4064	CRISTINA DE FREITAS PAULA HENRIQUE	1979	ASSIST	44:38.45	0:48:42.93
84		4291	CRISTINA ROBERTA FRANCISCA DOS SANTOS	1977		44:43.69	0:44:43.69
85		4294	DANIELE DO NASCIMENTO FERREIRA	1983		45:04.25	0:45:04.25
86		4282	BARBARA DA SILVA CARCABINI	1985		45:05.93	0:45:05.93
87		4461	JANAINA DE AMORIM GONCALVES	1985		46:36.01	0:46:36.01
88		4197	PATRICIA RIBAS DA SILVA TORRES	1980	ASSIST	47:25.72	0:48:16.23
89		4404	RENATA VIEIRA	1980		47:40.70	0:49:01.84
90		4359	LUANA DA SILVA ABREU	1980	LUANA ABREU	47:47.81	0:49:05.04
91		4210	RENATA CEZARIO BAZILIO RIMON	1985	ASSIST	49:29.30	0:49:29.30
92		4039	BARBARA DANIELLE DA SILVA COSTA NASCIMENTO	1979	ASSIST	51:38.55	0:51:38.55
93		4225	ROZANGELA OLIVEIRA DO NASCIMENTO FIGUEIREDO	1980	ASSIST	56:20.40	0:56:54.54
94		4044	BRUNA ALMEIDA DO AMARAL	1982	ASSIST	58:17.01	0:59:05.83
95		4014	ALESSANDRA PINTO DOS SANTOS DA SILVA	1978	ASSIST	59:18.31	0:59:18.31

96		4067	DANIELA SOARES COSTA	1976	ASSIST	1:02:24.86	1:02:24.86
97		4159	LUCIANA MARQUES DE GOUVEIA	1981	ASSIST	1:03:14.75	1:03:14.75
SENIOR [50-59 anos]							
Coloc. Categ.	PMERJ	Núm.	Atleta	Nasc.	Equipe	Tempo Líquido	Tempo Bruto
1		4418	SONIA QUADROS	1967	TROPA DA ORLA	20:07.75	0:20:18.52
2		4470	MARGARETE DO NASCIMENTO DE MELLO	1975	RUNNINGFREE	20:33.47	0:20:33.47
3		4144	MENILDES GOMES BOTAO DA SILVA	1974	ASSIST	22:42.42	0:22:47.75
4		4176	MARIA SILVANETE MODESTO	1966	ASSIST	22:58.85	0:22:58.85
5		4271	MARIANA CRUZ	1972	EZK TEAM	24:02.89	0:24:42.19
6		4114	INES RODRIGUES PINHEIRO	1970	ASSIST	24:58.47	0:25:11.97
7		4472	MARIA SOLEDAD OMAR	1973	EZKTEAM	25:17.55	0:25:17.55
8		4332	JANDIRA DE OLIVEIRA	1966	LILIA DE OLIVEIRA GODOI	26:33.99	0:26:33.99
9		4372	MARIA EMILIA ARAUJO MOURAO	1966	LILIA GODOI ASSESSORIA ESPORTIVA	26:42.75	0:27:27.44
10		4240	SIMONE PEREIRA DA SILVA SANTANA	1973	ASSIST	26:45.52	0:27:00.48
11		4052	CATIA CILENE APARECIDA BOTELHO SANTOS	1967	ASSIST	27:05.27	0:27:26.95
12		4151	LETICIA DE OLIVEIRA RODRIGUES	1973	ASSIST	27:55.59	0:28:11.93
13		4463	JANE MALAFAIA SOUZA CRUZ	1972		28:47.01	0:28:47.01
14		4141	KATIA NOGUEIRA DOS SANTOS VIEIRA	1975	ASSIST	29:04.32	0:29:41.71
15		4384	MIRIAM DE CARVALHO PAIXAO	1969		29:09.92	0:30:19.02
16		4272	ALINNE LIMA TRIBUZY LOPES	1971	EZK TEAM	30:09.64	0:30:27.43
17		4355	LIDIA DOS SANTOS	1969	PIB	30:49.78	0:30:49.78
18		4088	FABIANA DE OLIVEIRA SANTOS	1975	ASSIST	31:17.77	0:33:01.93
19		4383	MIRIAM CARVALHO	1972	EZK TEAM	31:25.10	0:31:25.10
20	PMERJ	2130	LUCIANA BUENO DE OLIVEIRA VALLADAO	1973	MARCOS QUINTANILHA	31:26.07	0:31:26.07
21		4024	ANA CLAUDIA VIEIRA DE OLIVEIRA	1969	ASSIST	31:34.16	0:32:38.25
22		4340	JODECI FONSECA DOS SANTOS GUEDES	1973	GUERREIRAS	31:38.41	0:31:54.92
23		4108	HOSANA MEDEIROS TAVARES FERREIRA	1972	ASSIST	33:06.75	0:34:17.29
24		4127	JOSELMA CALISTO DE ALMEIDA	1975	ASSIST	33:43.82	0:35:21.33
25		4419	TAIS PENNA LINDENMEYER	1968	LILIA GODOI ASSESSORIA ESPORTIVA	34:32.71	0:35:29.50
26		4027	ANA PAULA NUNES BAPTISTA DOS SANTOS	1975	ASSIST	37:08.09	0:37:19.04
27		4013	ALESSANDRA MARANHÃO BORDADAGUA NUNES	1973	ASSIST	37:17.53	0:37:17.53
28		4451	DANIELLE APARECIDA DA SILVA	1973		37:42.03	0:37:42.03
29		4009	AERCIA MONTEZUMA BORGES	1969	ASSIST	39:14.33	0:39:43.39
30		4392	PATRICIA ELENA MARMELO TAVARES	1973		39:16.69	0:39:29.29
31		4098	FLAVIA DA SILVA FELIZARDO	1969	ASSIST	40:32.97	0:44:00.41
32		4228	SANDRA BATISTA DA SILVA MARTINS	1971	ASSIST	42:55.57	0:43:09.09
33		4192	NILCILENE SOARES OLIVEIRA	1974	ASSIST	43:18.35	0:43:18.35
34		4369	MARIA APARECIDA CERQUEIRA BRAZ	1970	SANCHES RUNNING	43:51.85	0:44:28.76
35		4117	IZALVINA SILVA DE MATTOS DE OLIVEIRA	1972	ASSIST	44:00.29	0:46:00.72

36		4239	SIMONE MARIA BAPTISTA DOS SANTOS	1972	ASSIST	45:04.82	0:46:41.99
37		4238	SIMONE BASTOS DE CASTRO	1966	ASSIST	46:21.07	0:47:23.10
38		4107	GLORINHA CHIDO DOS SANTOS	1967	ASSIST	46:49.53	0:47:18.86
39		4170	MARCIA APARECIDA DE ALMEIDA PEREIRA LEAL	1970	ASSIST	47:25.37	0:48:15.78
40		4329	ISABELA VIEIRA	1974		49:01.65	0:49:01.65
41		4180	MARILEIDE BOSSAN DA SILVA MARQUES	1970	ASSIST	53:22.45	0:53:22.45
42		4253	VERONICA SAADI GOMES DE ANDRADE	1967	ASSIST	53:34.23	0:54:16.04
43		4357	LILIA GODOI	1973	LILIA GODOI ASSESSORIA ESPORTIVA	53:49.83	0:53:49.83
44		4065	CYNTHIA GOMES MONTEIRO	1975	ASSIST	1:00:18.69	1:00:18.69
45		4162	LUCIMAR DAVID NOBERTO SOARES	1967	ASSIST	1:03:24.18	1:03:24.18
46		4424	VALERIA NASCIMENTO DE SA	1975		1:13:05.29	1:13:05.29
GRAND SENIOR [60-69 anos]							
Coloc. Categ.	PMERJ	Núm.	Atleta	Nasc.	Equipe	Tempo Líquido	Tempo Bruto
1		4308	FATIMA SEABRA ESCANHO	1959	FATIMA S ESCANHO	18:27.54	0:18:52.01
2		4371	MARIA DO AMPARO VARGAS PEREIRA	1964		27:29.90	0:27:39.22
3		4417	SONIA MARIA DA COSTA	1956	GUERREIRA DO ASFALTO	28:19.88	0:28:19.88
4		4368	MARIA ZELANDIA CANDOSO DA SILVA	1965		28:46.51	0:28:57.43
5	PMERJ	2089	MYRIAM BROITMAN SANTOS BARROS	1964		29:37.40	0:29:50.38
6		4319	GLAUCIA CONSIDERA DE UZEDA BARBOSA	1965		30:55.98	0:31:23.80
7		4432	VIVIANE LOPES BRASIL	1963	SEAP	32:10.17	0:32:10.17
8		4365	MARCIA VALERIA MARTINS CHABY	1963		33:01.30	0:33:27.64
9		4148	LECI ANDRADE FRANCISCO	1956	ASSIST	33:46.29	0:33:54.56
10		4245	TEREZINHA DE AMORIM GONCALVES	1956	ASSIST	34:10.96	0:36:43.16
11		4370	MARIA DE LOURDES MEDEIROS DE SOUZA	1957		35:22.81	0:35:57.66
12		4174	MARIA DA CONCEICAO OLIVEIRA DOS SANTOS	1956	ASSIST	38:09.17	0:39:41.42
13		4280	ANTONIA SILVA CORREA	1959		39:27.69	0:39:46.19
14		4019	ALZIRA CARDOSO DE MATOS	1962	ASSIST	39:36.53	0:39:36.53
15		4165	LUZIA AREAL BARROS	1963	ASSIST	40:10.50	0:41:11.05
16		4229	SANDRA REGINA RODRIGUES DE SANTANA SILVA	1963	ASSIST	40:22.45	0:41:53.97
17		4149	LEILA AREAL	1964	ASSIST	40:53.64	0:41:56.44
18		4236	SILENE MARIA DA SILVA	1964	ASSIST	43:13.72	0:44:28.02
19		4281	AURIMAR BAUNILHA DE ALMEIDA	1960		43:42.37	0:45:08.60
20		4010	ALDINA SIMONE SANTOS DE ALMEIDA	1964	ASSIST	44:06.01	0:44:23.50
21		4214	RITA DE CASSIA DE JESUS MELO	1965	ASSIST	46:35.10	0:46:35.10
22		4113	ILMA PERFEITO CARNEIRO	1957	ASSIST	49:43.63	0:49:43.63
23		4175	MARIA RITA DA SILVA ALMEIDA	1961	ASSIST	58:15.13	0:59:04.61
24		4298	DENISE OLIVEIRA MORAES E SILVA	1963		1:41:56.98	1:41:56.98

AGED [70 anos+]

Coloc. Categ.	PMERJ	Núm.	Atleta	Nasc.	Equipe	Tempo Líquido	Tempo Bruto
1		4292	DAISY LUCIDY DE AZEVEDO NICOLAU	1953		39:38.33	0:41:07.90
2		4483	SUELY BERNARDO DA SILVA	1950		39:46.37	0:39:46.37
3		4123	JOCENIRA DE MELLO BARREIRO TAVARES	1955	ASSIST	55:58.74	0:56:31.25